



# Connecting Athletes & Coaches to *Licensed/Certified* Athletic Trainers

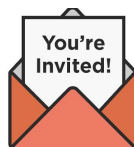
Healthy Roster is a FREE mobile app/website program connecting **athletes/parents/coaches** from **Sterling Heights HS** with their **Licensed/Certified** Athletic Trainer, **Samantha Viola, MS, AT, ATC**.

*When you are injured playing sports, help is one tap away!*



## HEALTHY ROSTER Mobile App Includes

- + Access to an Athletic Trainer via Chat, Voice or Video
- + Injury Tracking and Updates
- + HIPAA Compliant - Safe & Secure



**YOU'RE INVITED**  
Make sure to check your email!

To get started using Healthy Roster, look for your email invitation coming soon from your **Ascension Michigan Sports Medicine Licensed/Certified Athletic Trainer**. If you do not receive one, please contact **Samantha Viola, MS AT, ATC** to be invited.

Contact **Samantha Viola, MS, AT, ATC** at [samantha.viola@ascension.org](mailto:samantha.viola@ascension.org)

**HEALTHY ROSTER**  
**HEALTHYROSTER.COM**

